

Our Mission: To sustain a team of county and business leaders who mobilize resources to improve the education, health, safety, nutrition, and care of all children in St. Lucie County.

THE ROUNDTABLE REVIEW

May 2019 Issue

A Message From The Director:

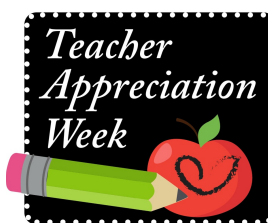
May is such an exciting time for young people who are preparing for prom, graduation, and a nice long summer break. Our hardworking and dedicated teachers will join them, but have a good reason to experience excitement at another level. The St. Lucie County voters responded by mail in record numbers and stood with our teachers to approve the School Board Referendum to support salary increases and school security measures. How appropriate is it that May 7 is National Teacher's Day and May 6-10, is Teacher Appreciation Week?! I can't imagine where I would be without the countless teachers who have impacted my life, can you? Join us with giving a well-deserved thank you to those committed teachers who work tirelessly, providing quality education to our precious youth each and every year.

In recognition of May as Mental Health Month, the School Board Referendum is also a big win for our community as it includes a provision for much needed mental health resources for our students. According to the National Association on Mental Health Illness (NAMI), the nation's largest grass root mental health organization, the statistics for mental health needs for children and youth are staggering:

- Approximately 1 in 5 youth aged 13–18 (21.4%) experiences a severe mental disorder at some point during their life. For children aged 8–15, the estimate is 13%.
- Seventy percent (70%) of youth in juvenile justice systems have at least one mental health condition and at least 20% live with a serious mental illness.
- African Americans and Hispanic Americans each use mental health services at about one-half the rate of Caucasian Americans and Asian Americans at about one-third the rate.
- Over one-third (37%) of students with a mental health condition age 14–21 and older who are served by special education drop out—the highest dropout rate of any disability group.

I am encouraged and confident the passing of the Referendum will have a huge impact on a wide range of outcomes the Roundtable is addressing through its networks beyond behavioral health including academic failure, substance misuse, violence and delinquency to name a few. Join us as we applaud and congratulate Mr. Gent, his management team, the St. Lucie County School Board, the entire administrative, teaching and support staff and our community for this huge undertaking. St. Lucie County Schools, we stand with you, as we stand together for our youth. We remain---United for Children.

Teresa Bishop



The Roundtable of St. Lucie County is a nonprofit 501(c)(3) organization comprised of agencies working together with partners and stakeholders throughout the community to address the issues our children face at the root level. Its members are leaders of all aspects of society who come together to build a community of opportunity where every child succeeds.

The Roundtable operates through networks, each of which focuses on key aspects that affect the lives of our children.



HOPE'S Corner

Welcome to HOPE'S CORNER. This Kids at Hope page will highlight inspirational messages, quotes, sayings, and feature events displaying the message of HOPE.

"Where there is no hope in the future, there is no power in the present."
- John C. Maxwell

This saying is a challenge to all Treasure Hunters to ensure we shine the message of Hope until the next generation matures to bare the weight of HOPE for others. There is more than enough power for today therefore there is HOPE for tomorrow.

KIDS AT HOPE JOINS IN THE FAMILY FUN!

On April 6, 2019, the Kids at Hope Team participated in the Early Learning Coalition's "Family Fun Day" at Lawnwood Stadium. Over 300 children and adults visited the table to spin the Wheel of Hope. Participants young and old alike answered questions about their future and the four destinations - Home & Family, Community & Service, Education & Career, and Recreation & Hobbies. Many of the younger children identified their future careers as teachers, doctors, law enforcement, and even YouTubers. Several parents and grandparents were able to mentally time travel back to their youth and identify some of their teachers, coaches, or neighbors who were ACES in their lives. The message of HOPE is expanding in St. Lucie County to impact all generations.





Bayshore Elementary School's Community Night

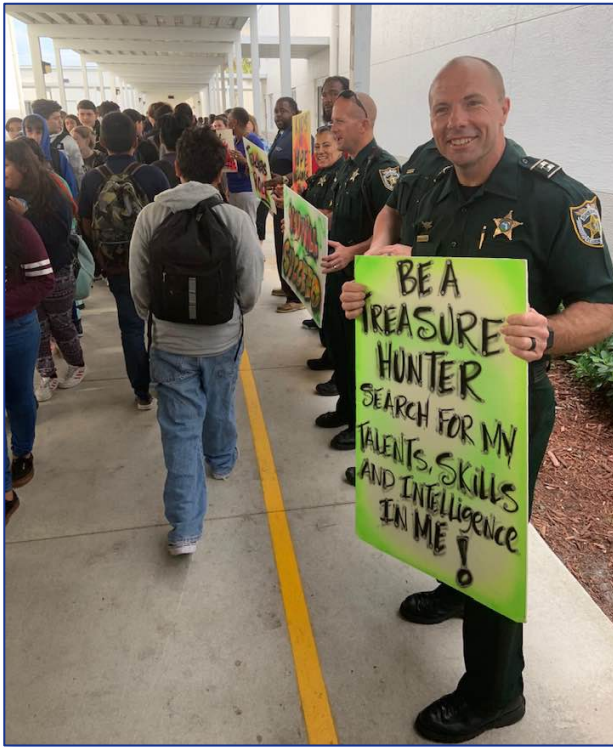
On April 18th, Kids at Hope and Drug Free St. Lucie proudly represented the Roundtable at Bayshore Elementary School's Community Night. Drug Free St. Lucie Coordinator Kristy Conway provided valuable information to parents on a variety of topics such as vaping and the consequences of possessing and/or the use of illegal, controlled and addictive substances. Ms. Conway distributed "Know the Law" booklets to parents to assist them in educating both themselves and their children about some of the afore-mentioned topics. Giveaways such as pens, pop-sockets and phone cardholders served as reminders for parents that we all have a part in making St. Lucie County drug-free!

Kim Reid, Kids at Hope School & Community Liaison, brought the "Wheel of Hope" for students to spin and then answer a question pertaining to ACES and/or the four destinations of Time Travel. Upon sharing their response, each student was awarded the opportunity to reach into the infamous "Treasure Box" to choose a little "take home treasure" of their liking.

While all of the students' responses were a treat to hear, those of an approximately 10-year old girl were particularly heart-warming. The young lady was asked to name something she is proud of, to which she promptly said, "I'm proud of my parents...for doing such a good job raising me and taking care of me." Mrs. Reid commended the student for being so thoughtful and recognizing her parents for a job well-done. Mrs. Reid then approached the young lady's parents who had been out of hearing range, and shared their daughter's beautiful sentiments. Mrs. Reid thanked them for being ACES in their child's life, and encouraged them to keep up the fabulous job they were clearly doing as parents. The parents were humble and grateful, simply smiling and responding, "Thank you so much...we try."

THANK YOU, ACES AND TREASURE HUNTERS...YOU MAKE A DIFFERENCE!!!!

**All Children Are Capable Of Success,
NO EXCEPTIONS!**



RESTORING THE VILLAGE YOUTH INITIATIVE

RTVYI Staff Participates in Post-Trauma Retreat at the Allegany Franciscan Retreat Center in Tampa

From April 8-11, staff from RTVYI and Executive Director of the Roundtable, Teresa Bishop, attended a four-day post-trauma staff retreat at the Franciscan Center in Tampa. The Franciscan Center is a spiritual retreat center located on eight acres along the eastern banks of the Hillsborough River. They offer a wide range of programs and retreats, including Operation Restore, which is a training specifically designed for first responders to process critical incidents they experience in their jobs and the stressors it causes in their professional and personal lives. These stressors can cause what is known as counter-transference, a concept that refers to feelings triggered by a professional's personal experiences being transferred to a client they work with. Counter-transference can render a professional (e.g. first responders, social workers, outreach workers) dealing with traumas in their jobs to be less effective in their jobs.

RTVYI staff took part in a customized version of this post-trauma workshop, which includes a series of educational sessions on grief recovery, critical incident de-briefings, group therapy, and other proven scientific methods for reprocessing traumatic events.

In addition, the group received a session in Eye Movement Desensitization and Reprocessing (EMDR). The EMDR Institute defines this approach to trauma healing as a form of "psychotherapy that enables people to heal from the symptoms and emotional distress that are the result of disturbing life experiences." Studies have shown that through EMDR therapy people can experience the benefits of psychotherapy that once took years to make a difference. This research posits that much like the body activates a physical healing process when a person cuts themselves, a similar process can be activated to provide mental healing following traumatic experiences. Following the EMDR sessions, staff reported significant improvement around the traumatic experiences they chose to work on.

The other sessions were facilitated by Sister Anne Dougherty, and Reverend Richard Malivuk. Sister Anne is a Franciscan Sister of Allegany, NY, and holds a Master's Degree in counseling psychology from Nova Southeastern University and a Doctorate in pastoral counseling from the Graduate Theological Foundation. She is certified in critical stress management and serves as chaplain to both the Tampa Police Department and the FBI Tampa.

Rev. Rick Malivuk, M. Div., recently retired after serving local congregations for 35 years, and is devoting his time to teaching first responders' techniques for managing post-traumatic stress issues. Certified in several CISM protocols he also is a volunteer chaplain for Hillsborough County Sheriff's Office and Tampa Fire Rescue. His experience as a combat veteran in Vietnam has provided him with a unique perspective on traumatic events and the effects on mind, body and spirit.

A big thank you to the Andrew and Robin Hunt Philanthropic Fund, who funded this training for our staff!

RESTORING THE VILLAGE YOUTH INITIATIVE

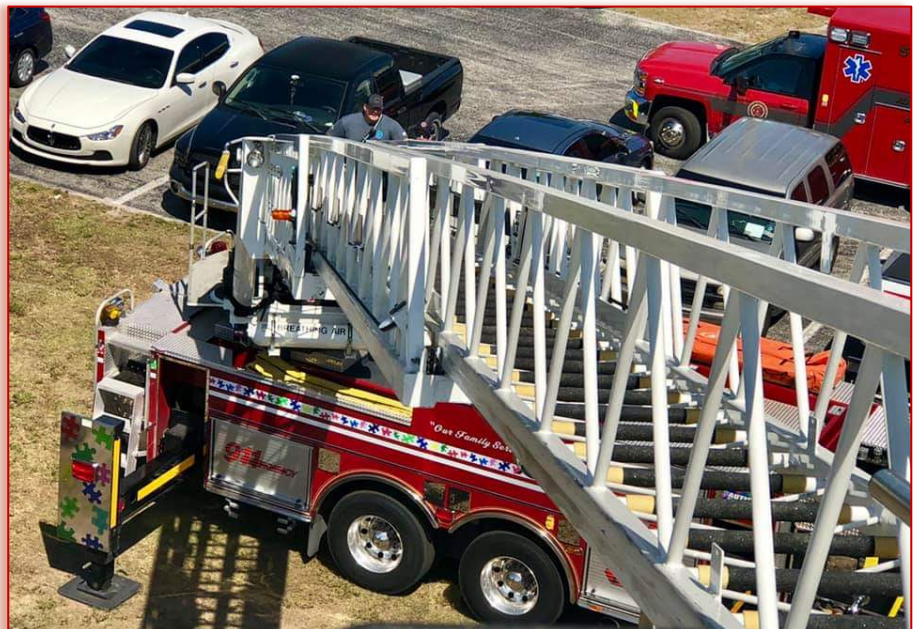


**Allegany
Franciscan
Ministries**

Safety Festival

Community partners and public safety officials came together for another outstanding Safety Festival! Demonstrations of the Jaws of Life, SWAT teams, K9 Units, and the Port St Lucie Police Motorcycle Team mesmerized the crowds. A live-fire exercise was brought back to show the importance of smoke detectors, sprinkler systems and fire suppression. Additionally, the St. Lucie County Fire District unveiled its first K9 unit, an arson detection dog named Cammie.

A lot of great safety information was disseminated by multiple agencies and seen by thousands of people during the 5-hour event. A special thank you to DLF Media and Channel 25 WPBF for their sponsorship and active participation.





Attention: After School Programs, Youth Program Providers & Summer Camps:

The Aquatics Section of St. Lucie County Parks & Recreation Department is now offering scholarships for free or reduced fee swimming lessons at St. Lucie County's public pools.

- **Free Swimming Lessons** will be available on a first-come, first-served basis at Lincoln Park Pool during the month of June 2019. Lessons will be held Monday, Tuesday and Wednesday for two weeks as follows :
June 3-12, Times: 5:15pm- 6:00pm or 6:15-7:00pm
- Please contact Erin Lau at 772-871-8031 or e-mail laue@stlucieco.org for registration information. Registration forms must be submitted on the first day of lessons.
- Free swimming Lessons are made possible through funding from The American Red Cross Centennial Campaign.
- **Camp Reduced Fee swimming lessons** will be available on a first-come, first-served basis at Lincoln Park Pool to **local summer camp participants** during the month of July 2019. Lessons will be held on Tuesdays & Thursdays or Mondays & Wednesdays as follows:
July 8-25, Times: 8:30am-9:15, 9:20am-10:05am or 10:10am-10:55am.
- To reserve a time slot for your summer camp program, Please contact Erin Lau at 772-871-8031 or e-mail laue@stlucieco.org. Please note that days and time slots do fill up quickly, so please make your requests early.
- Reduced fee swimming lessons are also available on a first-come, first-served basis for community individuals. For more information, please visit the Aquatics website at www.stlucieco.org/aquatics or call 772-871-2183 on Mondays, Wednesdays and Fridays between 9am and 12:00pm.
- Funding for swimming lessons is made possible through the generosity of: The Children's Services Council of St. Lucie County, WPSL, the American Red Cross Centennial Campaign, Sunshine Laundries and USA Swimming Foundation Make A Splash.



Dear Healthy St. Lucie Partners:

Looking for a way to start or step up a fitness routine? Walker Tracker has invited the Healthy St. Lucie Coalition to join their Spring challenge, **County vs County: Across the Mediterranean**. St. Lucie County accepted this challenge and will be competing against Ventura County, CA, Orange County, FL, McHenry County, IL, and Chester County, PA for bragging rights on being the county to reach the highest average steps.

The virtual Mediterranean Challenge will run from **May 1-June 11, 2019**. We'll start in Athens, Greece and the head east to Turkey. We'll breeze by Cairo, Egypt and hike through seemingly endless dunes of sand to Morocco and finish our journey in Europe. As we make our way back, we'll get to visit Spain, France, and Italy and come full circle back to where it all began, Athens.

As part of our Community Health Improvement Plan, we have been promoting and encouraging participation in the Healthy St. Lucie Coalition's *Billion Steps Challenge*, which is FREE for St. Lucie County residents. This campaign was launched in 2018 in an effort to get St. Lucie County residents moving more. While residents can participate individually, forming teams at work, with family, at church, or in neighborhoods is highly encouraged to provide support and stoke the competition! There are currently 2083 participants and 145 teams in St. Lucie County signed up for the challenge. Walker Tracker is the online platform used that allows everyone to track and submit steps towards the overall challenge. Their platform over 100 different types of activities that can be converted into steps for the challenge.

If you are signed up for the Healthy St. Lucie *Billion Steps Challenge*, you are automatically enrolled as a St. Lucie County teammate for the Mediterranean Challenge. If you have family, friends, or co-workers not signed up for the Billion Step Challenge yet, now is a great time to invite them to join and help St. Lucie County win this competition.

If you have not signed up for the *Billion Steps Challenge* yet, registration only takes a minute! Go to <https://healthyslucie.walkertracker.com/> to complete your registration. From there you can either sync a device (like a Fitbit, Garmin, your activity tracker on your iPhone or Android, Jawbone or other wireless device) or track your activity manually.

We are so excited about the opportunity to unite, as one county team, and compete against programs outside of our area and state. Only 1 day until the competition begins.

Jennifer Harris, Florida Department of Health in St. Lucie County
Jennifer.Harris@FLHealth.gov



QUIT YOUR WAY

Quitting tobacco isn't easy. Finding help should be. Tobacco Free Florida offers free tools and services to help you get started.

CLASS SCHEDULE

Quit Smoking Now classes run one hour for six consecutive weeks and **Tools-To-Quit** classes are one-time 2 hour seminars designed for those unable to commit to the six week program.

Quit Smoking Now Classes

Martin Memorial Hospital

@ St. Lucie West

Tuesday at 5:30 p.m.

April 2nd and May 21st

HANDS Clinic (Ft. Pierce)

Wednesday at 5:30 p.m.

April 3rd and May 15th

Tradition Medical Center

Thursday, @ 3:00 p.m. and

April 4th and May 16th

FCHC @ Darwin Square PSL

Wednesday, @5:30 p.m. and

April 10th and May 22nd

Tools-To-Quit Classes

Tradition Medical Center

Monday's at 12:00 p.m.

April 8, 2019; May 13, 2019;

and June 10, 2018

Treasure Coast Food Bank

Friday, June 14th @10:00 a.m.

FREE

Nicotine replacement patches,
lozenges, or gum.*

**If medically appropriate and 18 years of age or older.*

FREE

Community, worksite and clinic
groups offered.

Programs cover all forms of tobacco.



GROUP QUIT

Is the in-person option of Tobacco Free Florida
Quit Your Way services.

877-819-2357

toll free 877-848-6696

tobaccofreeflorida.com/quityourway



Lincoln Park Advisory Committee



FREE FAMILY FUN DAY



SATURDAY, MAY 18, 2019

10:00 AM—2:00 PM

PERCY PEEK GYM

2902 AVENUE D

FORT PIERCE, FL 34947



**Food
Games
Bounce House
Haircuts**



IRSC Camps Offer Children a Variety of Summer Experiences

From sports camps to tech camps, Indian River State College (IRSC) offers a broad variety of fun, challenging, and educational summer experiences for primary-, middle-, and high school-aged students on the Treasure Coast. Children can explore cutting-edge technologies, refine athletic skills, learn about career paths, and more in an unparalleled environment as they work directly with IRSC coaches, faculty, and staff to develop key skills and explore their curiosities.



*Children participate in hands-on activities
at IRSC Photonics Camp.*

Sports Camps

Aqua Sports Camp—Boys and Girls Ages 6–12

Baseball Camp—Boys Age 7–14

Basketball Fundamentals Camp—Boys Age 7–10

Basketball Skills Development Camp—Girls Age 6–19

Softball Fundamentals Camp—Girls Age 6–12

Swimming Lessons (30-minute sessions)—Boys and Girls Ages 3–11

Volleyball Camp—Girls in Grades 3–12

STEM Camps

Coding with Arduino Bootcamp: Visible Light Spectrum—Ages 12–17

Coding with Arduino Bootcamp: Wireless Technologies—Ages 12–17

Coding with Arduino Bootcamp: Game Programming—Ages 12–17

Electronics Maker Bootcamp—Ages 12–17

Upward Bound Math & Science STEM Summer Institute—Grades 9, 10 & 11

TechKnow Camp—Grades 6, 7 & 8

Pre-College and Career Exploration

Quest Summer Program—Boys and Girls Ages 12–16

A complete listing of IRSC camps, along with registration forms, is available at www.irsc.edu/community/camps. Spots are limited and are first-come first-serve, so apply soon. For more information, contact the IRSC Information Call Center at 1-866-792-4772.



INDIAN RIVER STATE COLLEGE

3209 Virginia Avenue, Fort Pierce, Florida 34981

1-866-792-4772 | www.irsc.edu

IRSC is an EA/EO educational institution.



Sponsor Me Inc[®] Presents

"Education & Sports Scholarship Fund GiveAways" 3rd Annual Event

Charitable Organization

We Are All About Giving Back To Less Fortunate Kids

> Saturday, May 11, 2019

> (Percy Peak Gym)
2902 Ave D, Fort Pierce, FL 34947

> Event Starts @10:30am-2:00pm



FREE PUBLIC EVENT

(772) 812-4713

www.sponsormeevents.com



BOYS & GIRLS CLUBS
OF ST. LUCIE COUNTY

All Ages

All Sports

All Positions

Other Activities Include

Mayors/Community Leaders from around the Treasure Coast areas
K-9 Demo from St. Lucie County Sheriff's Office + MORE
Food Trucks, Bounce Houses & Raffles + MORE
Live DJ & Entertainment + More

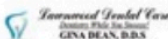
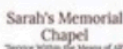
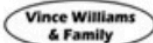
Ages 6-12 (Sports Sponsorships)

Ages 6-18 (Education Scholarships)

Tickets for (Back To School Shoe GiveAway)

Tickets for (Staples Back To School Shopping Spree)

Please note your child 2019 3rd quarter report cards have to present to participate in our Back To School Shoe GiveAway & Staples Back To School Shopping Spree on August 3, 2019. If you play any type of sport even cheerleaders this event is for you. Parents if you cant afford to pay for your kids to play sports this is a great opportunity for your kids. See you guys soon.



*Save
the
Date*



St. Lucie County

Lil Feet

2019 A & G Pools

Jimmy Buffet

Boot / Art Auction

Featuring a
Surf & Turf Menu

**Thursday
June 20th
Riverwalk Center
6:00-8:00 PM**



***The Early
Learning Coalition
of St. Lucie County
is turning 20!***

**JOIN US AT SUPERPLAY IN
PORT ST. LUCIE
TO CELEBRATE WITH
A GLOW BOWLING PARTY**

**WEDNESDAY, JULY 31
FROM 7-9 PM
YOUR \$10 ADMISSION
INCLUDES
BOWLING & SHOES**

RSVP online at
www.elcslc.org or call
772-595-6424





Future Meeting Dates

NETWORK MEETINGS

ACADEMIC SUCCESS

First Wednesday of every month at 3:00pm at Children's Services Council.

CHILD & ADOLESCENT HEALTH (Healthy St. Lucie)

Healthiest Weight: Meetings are bi-monthly.

Infant Mortality: Meets quarterly.

Teen Pregnancy: Meeting date TBD

SAFE KIDS COALITION (Unintentional Injury)

First Thursday of every month at 9:00am at Garber Buick GMC on US1.

(Does not meet in July or November)

CHILD WELFARE

First Tuesday quarterly at 10:00am at Children's Services Council.

ECONOMIC SUFFICIENCY (Bridges to Prosperity)

Third Wednesday of every month at 12:00pm at the United Way of St. Lucie.

LINCOLN PARK ADVISORY COMMITTEE

Fourth Thursday of every other month at 12:00pm at the Department of Health
714 Avenue C, Fort Pierce.

SAFE NEIGHBORHOOD NETWORK

Time and location TBD.

SAFE NEIGHBORHOOD – VIOLENCE & DELINQUENCY WORKGROUP

Time and Location TBD.

STEERING COMMITTEE

Quarterly; Time and Date TBA. Location: Children's Services Council.

SUBSTANCE ABUSE (Drug Free St. Lucie)

Fourth Tuesday of every month at 11:00am at Children's Services Council.

BEHAVIORAL HEALTH TASK FORCE

Last Wednesday of every month at 1:30pm. Location: TBD

YOUTH LEADERSHIP ST. LUCIE

Port St. Lucie YLSL: Port St. Lucie Police Department 6-8pm: 4/17, 5/15

Fort Pierce YLSL: River Walk Center 6-8pm: 4/2, 5/7

Joint YLS Meetings: 6-8pm - 4/30 (River Walk), 5/29 (PSLPD)



Executive Committee

Chair: Mayor Linda Hudson, City of Fort Pierce

Vice Chair: Clint Sperber, Florida Department of Health in St. Lucie County

Secretary: Wydee'a Wilson, Department of Juvenile Justice

Treasurer: Tony Loupe, Early Learning Coalition

Past Chair: Chief John Bolduc, Port St. Lucie Police Department

At-Large Member: Sean Boyle, Children's Services Council

Steering Committee Chair: Angela Roberson, Florida Department of Health

Roundtable of St. Lucie County, Inc.

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Teresa Bishop, Executive Director
TBishop@RoundtableSLC.org

Kim Thomas-Pate, Operations Manager
KThomas@RoundtableSLC.org

Dana Stonelake, Administrative Assistant
DStonelake@RoundtableSLC.org

Visit us at:

www.RoundtableSLC.com



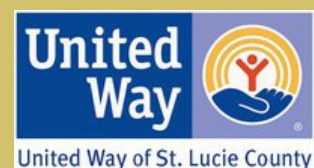
www.Facebook.com/RoundtableSLC

"Roundtable of St. Lucie County"

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*Please email newsletter submissions to
Dana Stonelake:
DStonelake@RoundtableSLC.org*

OUR SPONSORS:





Our Members

- ❖ 19th Circuit Public Defender's Office, *Diamond R. Litty*
- ❖ 19th Judicial Circuit - State Attorney, *Bruce Colton*
- ❖ 19th Judicial Circuit - Judge, *Bob Meadows*
- ❖ Board of County Commissioners, *Linda Bartz*
- ❖ Career Source Research Coast, *Brian Bauer*
- ❖ Children's Services Council, *Sean Boyle*
- ❖ City of Fort Pierce, *Linda Hudson*
- ❖ City of Port St. Lucie, *Stephanie Morgan*
- ❖ Communities Connected for Kids, *Carol Deloach*
- ❖ Department of Children & Families, *Robert McPartlan*
- ❖ Department of Juvenile Justice, *Wydee'a Wilson*
- ❖ Early Learning Coalition of St. Lucie County, *Tony Loupe*
- ❖ Economic Development Council, *Peter Tesch*
- ❖ Florida Department of Corrections – Circuit 19, *Michael Davis*
- ❖ Florida Department of Health in St. Lucie County, *Clint Sperber*
- ❖ Fort Pierce Police Department, *Diane Hobley-Burney*
- ❖ Guardian ad Litem, *Paul Nigro*
- ❖ Housing Authority of Fort Pierce, *Andrea Kochanowski*
- ❖ Indian River State College, *Andrew Treadwell*
- ❖ Kids Connected by Design, *Lisa von Seelen*
- ❖ Lincoln Park Council of Ministers, *Pastor Trevor Banks*
- ❖ Port St. Lucie Police Department, *John Bolduc*
- ❖ St. Lucie County Chamber of Commerce, *Terissa Aronson*
- ❖ St. Lucie County Department of Health, *Clint Sperber*
- ❖ St. Lucie County Fire District, *Nate Spera*
- ❖ St. Lucie County School District, *E. Wayne Gent*
- ❖ St. Lucie County Sheriff's Office, *Garry Wilson*
- ❖ Southeast FL Behavioral Health Network, *Ann Berner*
- ❖ State Representative, *Delores Hogan Johnson*
- ❖ Steering Committee, *Angela Roberson*
- ❖ United Way of St. Lucie County, *Karen Knapp*

We envision a community where county leaders, businesses and residents are united to provide all children of St. Lucie County the resources they need to thrive, be successful and achieve their full potential.

Our Networks & Sub-Committees

Steering Committee

Angela Roberson, Chair
Angela.Roberson@flhealth.gov

Academic Success

Deborah Hawley, Chair
Deborah.Hawley@StLucieSchools.org

Economic Sufficiency

"Bridges to Prosperity"

Wydee'a Wilson, Chair
Wydee'a.Wilson.djj.state.fl.us

Child & Adolescent Health

Tricia Goulet, Chair
Tricia.Goulet@FLHealth.gov

Safe Kids Coalition

Ronda Cerulli, Coordinator
Ronda.Cerulli@FLHealth.gov

Child Welfare

Paul Nigro, Chair
Paul.Nigro@gal.fl.gov

Kids At Hope

Kevin Singletary, Coordinator
KSingletary@RoundtableSLC.org
Kim Reid, School & Community Liaison
KReid@RoundtableSLC.org

Safe Neighborhoods

Chair, TBD

Violence & Delinquency Workgroup

Bill Tomlinson / Will Armstead, Chairs

Lincoln Park Advisory Committee

Betty Bradwell, Chair
B.JBradwell52@gmail.com

Restoring the Village Youth Initiative

Monica Jakobsen, Coordinator
MJakobsen@RoundtableSLC.org

Substance Abuse Prevention

(Drug Free St. Lucie)

John Poli, Chair
JPoli@nhtcinc.org
Kristy Conway, Coordinator
KConway@RoundtableSLC.org

Behavioral Health Task Force

Cassandra Burney
Tonya Andreacchio
Jody Hays